

# Albertville Youth Basketball Rules 2015 – 2016

- ✚ All rules are governed by AHSAA rules with the exception of the following league rules.
- ✚ Coaches, it is recommended that all players play equal time during all games.
- ✚ A mandatory substitution horn will sound at the first dead ball after the 3 minute mark (+ - 30 seconds) of 1<sup>st</sup> 3 quarters. Coaches must place all players on the bench at this time in the game. No free substitutions during 1<sup>st</sup> 3 quarters unless the player is injured or fouled out. During the 4<sup>th</sup> quarter, coaches may substitute freely during any dead ball, but all eligible players must play during the 4<sup>th</sup> quarter. Coaches may place any 5 players on the court at the beginning of all 4 quarters regardless of which 5 were on the court at the end of the previous quarter.
- ✚ Every player must start either ½ of the games or every other game.
- ✚ All protest must be made in writing within 24 hours of the game in question to the league coordinator.
- ✚ All decisions will be made by the Recreation Department and will be final.
- ✚ Games will be 4 six-minute quarters with a 5 minute half time. All overtimes will be 3 minutes.
- ✚ There will be no full court press in the 10 & Under and 12 & Under until the last 3 minutes of the 4<sup>th</sup> quarter. There will be no full court press in the 8 & under for the entire game. 14 & Under may press the entire game.
- ✚ 8 & Under – During the last (1) minute of the 4<sup>th</sup> quarter & overtime the clock will not start until the ball crosses half court.
- ✚ Teams will be given two warnings concerning backcourt pressure. After the second warning if a violation occurs, a team technical will be assessed to the coach.
- ✚ The 10 & Under, 8 & Under and 6 & Under basketball foul line will be three (3) feet shorter than regulation.
- ✚ The 8 & Under and 6 & Under goal will be 8 feet high.
- ✚ A team must “SLOW BREAK” and **NO** pressing will be allowed when the following point spread is in effect:
  - ✚ SLOW BREAK: A team may not fast break after a steal or turnover. The offensive team must wait until all ten players are across half court before they can take the ball below the free throw line or attempt a shot.
    - 7 -8 Yr. Olds                    18 Points
    - 9-10 Yr Olds                    18 Points
    - 11 -12 Yr. Olds                18 Points
    - 13 – 14 Yr. Olds               18 Points
- ✚ Timeouts: Three full (1 minute) two (30 second) per game.
- ✚ Score will not be kept in the 6 & Under, scoreboard will keep time only.
- ✚ Any coach or assistant coach, who receives two technical fouls in one game for unsportsmanlike conduct, will be disqualified from the game and will not be allowed to participate in the next game. A second offense will be evaluated by the recreation center staff and the Recreation Board and may result in loss of coaching privileges.
- ✚ All players must remain in bench area during games. No one will be allowed in player’s area during games except for coaches and players. A maximum of three coaches are allowed on bench per team. No parents or other non players are allowed in bench area during games.
- ✚ The recreation staff will handle any unforeseen circumstance that arises during games.
- ✚ Coaches are responsible for their team’s actions at away and home games.